

# *Section 1*

## *Advocacy and Supports*



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## Aboutface

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**Address:** 123 Edward St, Ste 1003, Toronto M5G 1E2

**Phone:** 1-800-665-3223, (416) 597-2229 **Fax:** (416) 597-8494

**Email:** info@aboutfaceinternational.org

**Contact:** Kim McMullen, Community Representative ~ kim.aboutface@yahoo.ca

**Eligibility:** Individuals with facial differences (congenital or accidental) ~ their parents

**Services:** Self help group ~ educational programs for parents, preschools and elementary schools ~ friendly visiting in hospitals ~ resource library ~ adult workshops ~ youth camping retreats

**Hours:** Mon-Fri 8:30am-5pm

**Language:** English ~ French

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## ARCH Disability Law Centre

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**Address:** 425 Bloor St E, Ste 110, Toronto M4W 3R5

**Phone:** 1-866-482-2724 **Fax:** 1-866-881-2723

**Email:** archlib@lao.on.ca

**Eligibility:** Adults with disabilities

**Services:** Summary advice ~ limited representation in test case litigation ~ advocacy for law reform ~ information and referral

**Serves:** Ontario

**Hours:** Mon-Fri 9am-1pm, 2-5pm

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## The Arthritis Society, Waterloo-Wellington Region, Kitchener-Waterloo Fibromyalgia Support Group

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**Address:** c/o Sandra Gartz, 125 Ruskview Rd, Kitchener N2M 4S1

**Location:** Highland Baptist Church, 135 Highland Rd W, Kitchener

**Email:** kwfibromyalgia@gmail.com

**Contact:** Sandra Gartz, Group Information ~ (H) 519-741-0744

**Eligibility:** Individuals with Fibromyalgia ~ their families and caregivers

**Services:** Support group ~ library, guest speakers, social activities ~ FibroMoves Program: warm water pool exercise; offered at Forest Heights, Breithaupt, and Sunbeam pools

**Serves:** Waterloo Region

**Hours:** Meets 3rd Tue of month 7-9pm ~ meets 2nd Tue in Dec (Feb-Jun, Sept-Nov)

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## Attention Deficit Hyperactivity Disorder Parent Support Group of Kitchener Waterloo

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**Location:** Sheppard Public School, 278 Weber St E, Kitchener

**Email:** adhdpsgkw@hotmail.com

**Contact:** Sandy ~ (H) 519-749-8440

**Eligibility:** Parents, relatives, and teachers of children with Attention Deficit Hyperactivity Disorder ~ adults with ADHD

**Services:** Self help group ~ resource library

**Hours:** Meets 3rd Wed of month 7-9pm

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## Autism Ontario, Cambridge Chapter

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**Address:** c/o Community Living Cambridge, 160 Hespeler Rd, Cambridge N1R 6V7

**Email:** cambridge@autismontario.com

**Contact:** Regan Bourque, Secretary ~ (H) 519-620-7352

**Eligibility:** Families of children with Autism or Pervasive Developmental Disorders

**Services:** Support group ~ individual support ~ information and referral ~ public education, resource library ~ family activities, outings

**Serves:** City of Cambridge ~ Township of North Dumfries

**Hours:** Meets 3rd Mon of month (Sept-June)

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## Autism Ontario, Waterloo County Chapter

6

**Address:** 115 University Ave E, Waterloo N2J 2W1

**Phone:** 519-742-1414 (answering machine)

**Contact:** Jean Cojocariu, President

**Eligibility:** Families of children with autism or Pervasive Developmental Disorders

**Services:** Support group ~ information and referral ~ public education ~ lending library ~ quarterly monthly magazine

**Serves:** City of Kitchener ~ City of Waterloo ~ Township of Wellesley ~ Township of Wilmot ~ Township of Woolwich

**Hours:** Meets 2nd Thu of month 7-9pm

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## Brain Injury Association Waterloo Wellington

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**Address:** Opportunity Centre, 5A-607 King St W, Kitchener N2G 1C7

**Phone:** 519-579-5300 **Fax:** 519-579-0118

**Email:** biaww@bellnet.ca

**Contact:** Patti Lehman, Executive Director

**Eligibility:** Individuals with brain injuries ~ their families and friends

**Services:** Support group ~ drop in recreation program; lunch provided ~ some evening programs ~ Lidz on Kidz provides education program and bicycles helmets for children ~ resource library

**Serves:** Waterloo Region ~ Wellington County

**Hours:** Mon, Wed-Fri 8am-3:30pm; Tue 8am-3:30pm, 6:30-8pm

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## Cambridge Active Self Help Organization

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**Address:** 9 Wellington St, Unit 1, Cambridge N1R 3Y4

**Phone:** 519-623-6024 **Fax:** 519-623-1924

**Email:** general@cambridgeactiveselfhelp.ca

**Contact:** Kathy Briggs, Executive Director

**Eligibility:** Individuals 16 years and over experiencing mental health issues

**Services:** Develops self help groups ~ peer support ~ public education ~ library, resource centre

**Serves:** City of Cambridge ~ Township of North Dumfries

**Hours:** Mon-Fri 9am-12pm, 1-5pm

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## Canadian Council of the Blind, Waterloo Regional Club

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**Address:** c/o Cecilia Beechey, 130 Weston Pl, Waterloo N2J 3W1

**Contact:** Cecilia Beechey, Secretary ~ (H) 519-572-5435 ~ cbeechey@rogers.com

**Eligibility:** Individuals who have significant visual impairments

**Services:** Social and recreational activities ~ advocacy

**Serves:** Waterloo Region

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## Canadian Cystic Fibrosis Foundation, Kitchener-Waterloo and District Cystic Fibrosis Chapter

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**Address:** Box 2151 Stn B, Kitchener N2H 6M1

**Location:** 69 Sydney St S, Kitchener

**Phone:** 519-772-2300 **Fax:** 519-772-2301

**Email:** kwdfcf@golden.net

**Services:** Public education ~ supports research

**Serves:** Waterloo Region ~ Bruce County ~ Grey County ~ Wellington County

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## Canadian Hearing Society, Waterloo

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**Address:** 120 Ottawa St N, Ste 200, Kitchener N2H 3K5

**Phone:** 519-744-6811, 1-800-668-5815 **Fax:** 519-744-2390

**Email:** info@chs.ca

**Contact:** Annette Irish, Secretary

**Eligibility:** Individuals who are deaf, deafened or hard of hearing ~ their families

**Services:** Hearing Care Counselling program provides home visits, speechreading/Hearing Help classes for seniors ~ Connect Counselling Services: support, counselling, case management, mental health and addiction services ~ technical device information ~ community consultations and advocacy for accessibility ~ American Sign Language (ASL) classes ~ sign language interpreting services ~ advocacy ~ speakers bureau ~ resource library

**Serves:** Waterloo Region ~ Bruce County ~ Grey County ~ Wellington County

**Hours:** Office Mon-Fri 9am-5pm

**Language:** English ~ American Sign Language

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**The Canadian National Institute for the Blind, Waterloo/Wellington District 12**

**Address:** Allen Square, 160-180 King St S, Waterloo N2J 1P8

**Phone:** 519-742-3536 **Fax:** 519-742-4003

**Contact:** Sherry Malcho, Associate Director, Services and Operation ~ sherry.malcho@cni.ca

**Eligibility:** Individuals who are visually impaired, blind or deaf blind

**Services:** Referrals to community resources ~ rehabilitation teaching to develop practical daily living skills ~ orientation and mobility training ~ Employment Resource Centre: career counselling; Internet and computer access with adaptive technologies; job search skills, resume writing; referrals to aptitude testing, technical devices ~ consultation regarding and demonstration of technical aids ~ public education ~ library services: braille and audiocassette materials, toys, educational materials ~ volunteer services ~ advocacy

**Serves:** Waterloo Region ~ Wellington County

**Hours:** Tue 9am-12pm, 1-4pm

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**Cerebral Palsy Parent Support Group 13**

**Location:** KidsAbility Centre for Child Development, 500 Hallmark Dr, Waterloo

**Contact:** Terry O'Donahue ~ (H) 519-576-7955

**Eligibility:** Individuals with cerebral palsy ~ their families and friends

**Services:** Support group

**Hours:** Meets 3rd Wed of month 7-9pm (Sept-June)

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**Children's Wish Foundation of Canada, Ontario Chapter, Kitchener 14**

**Address:** c/o Anne Boehm, Box 26071, Kitchener N2H 6T4

**Phone:** 1-800-267-9474, 519-742-0637

**Contact:** Anne Boehm, Kitchener and Area Coordinator ~ anneandlarry@sympatico.ca

**Services:** Grants wishes to children and youth 3-17 years with high risk, life threatening illnesses

**Serves:** Waterloo Region

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**Community Action Program for Children of Waterloo Region 15**

**Address:** 400 Queen St S, Kitchener N2G 1W7

**Phone:** 519-749-1229 **Fax:** 519-749-8096

**Contact:** Nancy Kyle, Project Manager ~ nkyle@cfcc.ca

**Services:** Works in partnership with community organizations to provide supports for children birth-6 years, their families and communities

**Serves:** Waterloo Region

**Hours:** Office Mon-Fri 9am-5pm

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**Community Care Concepts of Woolwich, Wellesley and Wilmot, Friendly Visiting Program 16**

**Address:** A-28 South St W, Elmira N3B 1K8

**Phone:** 519-669-3023, 519-749-0784 ext 3005 **Fax:** 519-669-3078

**Email:** ccc3@golden.net

**Contact:** Kelly Sproule

**Eligibility:** Seniors 60 years and over ~ adults with physical or psychosocial disabilities

**Services:** Friendly visiting by volunteers ~ Telephone Reassurance: volunteers provide regular, scheduled phone call

**Serves:** Township of Wellesley ~ Township of Wilmot ~ Township of Woolwich

**Hours:** Mon-Fri 9am-5pm

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**Community Care Concepts of Woolwich, Wellesley and Wilmot, Meals on Wheels 17**

**Address:** A-28 South St W, Elmira N3B 1K8

**Phone:** 519-669-3023, 519-749-0784 ext 3006 **Fax:** 519-669-3078

**Email:** ccc1@golden.net

**Contact:** Sharon Walsh, Coordinator

**Eligibility:** Seniors 60 years and over ~ adults with physical and/or psychosocial disabilities

**Services:** Delivers hot noon day meals: frozen meals available for weekends and holidays ~ meals are delivered by volunteers who provide regular social contact and check health and safety of client

**Serves:** Township of Wellesley ~ Township of Wilmot ~ Township of Woolwich

**Hours:** Mon-Fri 9am-5pm

**Community Care Concepts of Woolwich, Wellesley and Wilmot, Senior Day Program 18**

**Address:** A-28 South St W, Elmira N3B 1K8

**Phone:** 519-669-1223 **Fax:** 519-669-1273

**Email:** ccc2@golden.net

**Contact:** Tamara Jankuna, Program Coordinator - Wilmot, Wellesley

**Eligibility:** Seniors 60 years and over ~ adults up to 60 years with physical or psychosocial disabilities

**Services:** Individual programming in group setting ~ provides respite and information to caregivers ~ social and recreational activities, meals, transportation and minor personal support

**Serves:** Township of Wellesley ~ Township of Wilmot ~ Township of Woolwich

**Hours:** Mon-Fri 9am-4pm

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**Community Justice Initiatives of Waterloo Region 19**

**Address:** St Peter's Lutheran Church, 49 Queen St N, 3rd Flr, Kitchener N2H 2G9

**Phone:** 519-744-6549 **Fax:** 519-744-6502

**Email:** info@cjiwr.com

**Contact:** Mark Yantzi, Executive Director

**Services:** Provides programs based on restorative justice

**Serves:** Waterloo Region

**Hours:** Mon-Thu 8:30am-4:30pm ~ evenings and weekends by appointment

**Language:** English ~ Translators in other languages available

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**Community Living Cambridge, Community Options/Community Connections 20**

**Address:** 160 Hespeler Rd, Cambridge N1R 6V7

**Location:** 466 Franklin Blvd, Cambridge

**Phone:** 519-621-0680 **Fax:** 519-621-2829

**Contact:** Mary Dutkewicz, Manager ~ mdutkewicz@communitylivingcambridge.ca

**Eligibility:** Adults 18 years and over with developmental disabilities

**Services:** Community Options: outreach program helps individuals to access community supports; volunteer placements, daytime recreational activities ~ Community Connections: helps adults 18-29 years connect with community; employment and educational supports, volunteer and recreational activities

**To Apply:** Contact Developmental Services Access Centre 519-741-1121 ext 202

**Hours:** Mon-Fri 8am-4pm

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**Community Support Connections - Meals on Wheels and More 21**

**Address:** 420 Weber St N, Waterloo N2L 4E7

**Phone:** 519-772-8787

**Contact:** Janice Paul, Client Services Manager ~ janicep@communitysupportconnections.org

**Eligibility:** Seniors ~ adults with special needs

**Services:** Home support services ~ Care Coordination: needs assessment and care management ~ caregiver relief ~ crisis intervention and assistance service ~ Dine and Dash Club: social noon-hour meal; transportation provided ~ friendly visiting ~ Home Maintenance: assistance with outdoor and home maintenance, including snow removal ~ Homemaking: cleaning and light housekeeping services ~ Meals On Wheels: delivers hot meals at noon, frozen meals on evenings and weekends; special diets available ~ reassurance and security checks ~ list and escorted shopping ~ Transportation Program: escorted transportation for medical appointments and basic needs ~ Volunteer Program ~ Wellness Active Living Club

**Serves:** City of Kitchener ~ City of Waterloo

**Hours:** Office Mon-Fri 8:30am-4:30pm

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**Crohns and Colitis Foundation of Canada, Kitchener/Waterloo Chapter 22**

**Address:** 245 Strasburg Rd, Box 27010, Kitchener N2E 3K2

**Location:** Stanley Park Mall, 1005 Ottawa St N, Zehr's Community Room, Kitchener

**Phone:** 1-877-956-6366

**Email:** ccfckw@gmail.com

**Contact:** Chelsey Manning, Chapter Development Coordinator

**Eligibility:** Individuals with inflammatory bowel diseases, Crohn Disease or Ulcerative Colitis

**Services:** Public education ~ supports research ~ fundraising

**Serves:** Waterloo Region ~ City of Guelph

**Hours:** Meets 2nd Wed of month 7pm

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- Demosthenes Society** **23**  
**Location:** Lillian B Smith Library, 239 College St, Bsmt, Toronto  
**Contact:** David Thomas ~ (H) (416) 205-9595 ~ dwttoronto@rogers.com  
**Eligibility:** Individuals who stutter  
**Services:** Self help and support groups for individuals who wish to improve or maintain their fluency
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- Down Syndrome Plus** **24**  
**Address:** c/o Wendy Newbery, 33 Filbert St, Kitchener N2H 1Y1  
**Contact:** Wendy Newbery ~ (H) 519-743-0297  
**Eligibility:** Families of children diagnosed with Down Syndrome plus another diagnosis  
**Services:** Self help group ~ information exchange ~ workshops  
**Serves:** Waterloo Region
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- Elmira and District Association for Community Living, Children's Resource Program** **25**  
**Address:** 118 Barnswallow Dr, Elmira N3B 2Y9  
**Phone:** 519-669-3205 **Fax:** 519-669-3444  
**Contact:** Karen Marche, Preschool Services ~ kmarche@elmiracl.com  
**Eligibility:** Children 2-5 years with developmental delays  
**Services:** Resource consultant provides support to children attending licenced child care programs  
**Serves:** Township of Wellesley ~ Township of Woolwich  
**Hours:** Mon-Fri 8:30am-4:30pm
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- Epilepsy Ontario, Epilepsy Waterloo-Wellington** **26**  
**Address:** 301 Frederick St, 2nd Flr, Kitchener N2H 2N6  
**Phone:** 519-745-2112 **Fax:** 519-745-2435  
**Email:** epilww@sentex.net  
**Contact:** Catherine Bodden, Administration  
**Eligibility:** Individuals with epilepsy  
**Services:** Individual and group support ~ individual counselling ~ telephone support ~ public education ~ resource library ~ advocacy and public awareness  
**Serves:** Waterloo Region ~ Wellington County  
**Hours:** Mon-Tue, Thu-Fri 9am-3pm
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- Fragile X Research Foundation of Canada, K-W Fragile X Support Group** **27**  
**Address:** c/o Teresa Burch, 62 Corfield Dr, Kitchener N2A 3W9  
**Email:** kwfragilex@live.ca  
**Contact:** Teresa Burch ~ (H) 519-894-3689 ~ (F) 519-894-6333  
**Eligibility:** Families of individuals with Fragile X  
**Services:** Support group ~ public education  
**Serves:** City of Kitchener ~ City of Waterloo ~ surrounding area
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- Golden Triangle Dystonia Support Group** **28**  
**Address:** c/o Judy Harsch, 7 Christopher Court, Apt 808, Guelph N1G 4V6  
**Location:** Seniorens Haus, 483 Ottawa St S, Kitchener  
**Contact:** Judy Harsch ~ (H) 519-767-9721 ~ jjmarie@rogers.com  
**Eligibility:** Geared to individuals with dystonia  
**Services:** Support group  
**Serves:** Waterloo Region ~ City of Guelph  
**Hours:** Meets 1st Sun of month 2-4pm (Sept-May)
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- Huntington Society of Canada** **29**  
**Address:** 151 Frederick St, 4th Flr, Kitchener N2H 2M2  
**Phone:** 519-749-7063, 1-800-998-7398 **Fax:** 519-749-8965  
**Email:** info@huntingtonsociety.ca  
**Contact:** Don Lamont, CEO and Executive Director ~ 519-749-7063 ext 24 ~ dlamont@huntingtonsociety.ca  
**Services:** Individual and family support ~ supports research ~ public education ~ chapter meetings for mutual support ~ recreational and therapeutic retreats and day programs  
**Serves:** Canada  
**Hours:** Mon-Fri 8:30am-5pm  
**Language:** English ~ French

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- Independent Living Centre of Waterloo Region, Individual Advocacy Program 30**  
**Address:** 127 Victoria St S, Ste 201, Kitchener N2G 2B4  
**Phone:** 519-571-6788 **Fax:** 519-571-6388  
**Contact:** Paula Saunders, CSS Program Director ~ paula@ilcwr.org  
**Services:** Helps individuals with disabilities become self advocates on issues of accessibility, human rights, housing, transportation, and other issues ~ consultation on barrier free design  
**Serves:** Waterloo Region  
**Hours:** Mon-Fri 9am-4:30pm
- Independent Living Centre of Waterloo Region, Information and Referral Program 31**  
**Address:** 127 Victoria St S, Ste 201, Kitchener N2G 2B4  
**Phone:** 519-571-6788 **Fax:** 519-571-6388  
**Email:** info@ilcwr.org  
**Services:** Information on and referral to community services and resources ~ resource lending library  
**Serves:** Waterloo Region  
**Hours:** Mon-Fri 9am-4:30pm
- Independent Living Centre of Waterloo Region, Peer Resource and Advocacy 32**  
**Address:** 127 Victoria St S, Ste 201, Kitchener N2G 2B4  
**Phone:** 519-571-6788 **Fax:** 519-571-6388  
**Contact:** Dan Lajoie, Coordinator ~ dan@ilcwr.org  
**Services:** Promotes support networks for individuals with disabilities  
**Serves:** Waterloo Region  
**Hours:** Mon-Fri 9am-4:30pm
- Independent Living Centre of Waterloo Region, Public Awareness and Education 33**  
**Address:** 127 Victoria St S, Ste 201, Kitchener N2G 2B4  
**Phone:** 519-571-6788 **Fax:** 519-571-6388  
**Contact:** Andrena Lockley ~ andrena@ilcwr.org  
**Services:** Kids On The Block: educational program for school-aged children using puppets and speakers about issues affecting people with disabilities ~ appearances for schools and other groups on request ~ speakers bureau lists individuals with physical disabilities who will share personal experiences ~ Sensitivity training workshops for teens and adults  
**Serves:** Waterloo Region  
**Hours:** Office Mon-Fri 9am-4:30pm
- Independent Living Centre of Waterloo Region, Youth in Transition 34**  
**Address:** 127 Victoria St S, Ste 201, Kitchener N2G 2B4  
**Phone:** 519-571-6788 **Fax:** 519-571-6388  
**Contact:** Dan Lajoie ~ dan@ilcwr.org  
**Eligibility:** Young adults with disabilities between 15-29 years  
**Services:** Weekly afterschool program promoting independence and easing transition into adulthood ~ participant-guided programming ~ social activities ~ meals ~ teen program for youth 15-18 years ~ young adult program for youth 18 years and over  
**Serves:** Waterloo Region  
**Hours:** Thu 3:30-7:30pm (Sept-Jun)
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- Juvenile Diabetes Research Foundation, Region of Waterloo Chapter 35**  
**Address:** 103-684 Belmont Ave W, Kitchener N2M 1N6  
**Phone:** 519-745-2426 **Fax:** 519-745-2626  
**Email:** waterloo@jdrf.ca  
**Contact:** Margot Fitzpatrick, Regional Manager ~ mfitzpatrick@jdrf.ca  
**Services:** Supports diabetes research ~ public education ~ periodic meetings for parents with diabetic children for mutual support ~ individual support ~ speakers available  
**Serves:** Waterloo Region ~ Bruce County ~ Grey County ~ Perth County ~ Wellington County  
**Hours:** Mon-Fri 9am-5pm

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**The Kidney Foundation of Canada, Western Ontario Chapter**

**36**

**Address:** 569 Lancaster St W, Unit A, Kitchener N2K 3M9  
**Phone:** 519-742-2023, 1-800-667-3597, 519-742-7062 (Patient Services), 1-888-879-9902 (Patient Services) **Fax:** 519-570-3082  
**Email:** kidneykw@kidney.ca  
**Contact:** Siobahn Bagwat, Fund Development Officer  
**Services:** Information and referral ~ patient services, including short term and emergency financial assistance with medical and other expenses ~ one to one peer support ~ resources ~ dialysis camps ~ organ donor awareness  
**Serves:** Waterloo Region ~ Bruce County ~ Dufferin County ~ Grey County ~ Huron County ~ Perth County ~ Wellington County  
**Hours:** Mon-Fri 8:30am-4:30pm ~ summer hours Mon-Thu 8:30am-4:30pm, Fri 8:30am-12pm (Summer hours Jul-Aug)

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**K-W Access-Ability**

**37**

**Address:** 105 University Ave E, Waterloo N2J 2W1  
**Phone:** 519-885-6640 **Fax:** 519-885-4526  
**Email:** kwaa@kwa.on.ca  
**Contact:** Chris Hodnett, Executive Director ~ chodnett@kwa.on.ca  
**Eligibility:** Individuals with physical disabilities  
**Services:** Resource centre; information, referral, advocacy ~ information on social, recreational, educational, vocational opportunities, human services, computer and technical aids ~ community involvement program encourages members to explore and develop social, recreational, and educational opportunities ~ individual program planning helps participants develop goals and problem solving skills to use agency programs and community resources effectively ~ free computer and Internet access ~ two for one bus and travel application forms available for individuals 19 years and over ~ telephone and parking application forms  
**Serves:** City of Kitchener ~ City of Waterloo ~ surrounding area  
**Hours:** Mon-Fri 9am-5pm

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**K-W Association for Community Living**

**38**

**Address:** 108 Sydney St S, Kitchener N2G 3V2  
**Phone:** 519-744-6307 ext 232 **Fax:** 519-571-1629  
**Contact:** Susan Hipperson ~ (W) 519-654-7023  
**Eligibility:** Individuals with developmental disabilities ~ their families  
**Services:** Support ~ advocacy ~ public education ~ social activities; Friday night social club ~ Community Living Dances  
**Serves:** City of Kitchener ~ City of Waterloo

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**KW Counselling Services Inc**

**39**

**Address:** 480 Charles St E, Kitchener N2G 4K5  
**Phone:** 519-884-0000 **Fax:** 519-884-7000  
**Email:** intake@kwcounselling.com  
**Contact:** Leslie Josling, Executive Director ~ 519-884-0000 ext 211 ~ leslie@kwcounselling.com  
**Services:** Counselling services  
**Serves:** City of Kitchener ~ City of Waterloo ~ Township of North Dumfries ~ Township of Wellesley ~ Township of Wilmot ~ Township of Woolwich  
**Hours:** Mon-Thu 8:30am-8pm, Fri 8:30am-5pm  
**Language:** English ~ Translators and interpreters available

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**KW Counselling Services Inc, OK2BME**

**40**

**Address:** 480 Charles St E, Kitchener N2G 4K5  
**Phone:** 519-884-0000 ext 212  
**Contact:** Marnie Reynolds, Intake Worker ~ 519-884-0000 ext 205 ~ marnie@kwcounselling.com  
**Eligibility:** Children and youth 5-18 years who are lesbian, gay, bisexual, trans-gendered or questioning ~ their families  
**Services:** Support group and outreach ~ educational and recreational activities ~ therapeutic counselling  
**Serves:** Waterloo Region  
**Hours:** Mon-Thu 8:30am-8pm, Fri 8:30am-5pm

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**Kitchener-Waterloo Extend-A-Family Association** **41**

**Address:** 91 Moore Ave, Kitchener N2H 3S4

**Phone:** 519-741-0190 **Fax:** 519-741-0392

**Email:** kwextend@eafwr.on.ca

**Contact:** Maria de Boer, Executive Director ~ 519-741-0190 ext 222 ~ mdeboer@eafwr.on.ca

**Eligibility:** Individuals with developmental or physical disabilities ~ their families

**Services:** Promotes community integration and expansion of social networks ~ summer programs for teens and young adults ~ Best Buddies: befriending program for adults with disabilities; must already be enrolled in EAF program (program in partnership with Wilfred Laurier)

**Serves:** Waterloo Region

**Hours:** Mon-Fri 9am-4:30pm

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**Kitchener-Waterloo YMCA, YMCA Ontario Early Years Centre** **42**

**Address:** 425 University Ave E, Waterloo N2K 4C9

**Phone:** 519-741-8585 **Fax:** 519-741-9641

**Email:** oeycinfo@ckwymca.ca

**Contact:** Jaime Jacomen, Director of Early Years Operations ~ jjacomen@ckwymca.ca

**Eligibility:** Parents and caregivers of children up to 6 years

**Services:** Provides support and information

**Hours:** Mon-Thu 9am-7pm, Fri 9am-3pm, Sat 9am-1pm

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**Learning Disabilities Association of Kitchener-Waterloo** **43**

**Address:** Box 29026 Frederick Plaza PO, Kitchener N2H 6S6

**Location:** Suddaby Public School, 171 Frederick St, Kitchener

**Phone:** 519-743-9091 **Fax:** 519-743-9027

**Email:** ldakw@golden.net

**Contact:** Charlotte Buchan, Executive Director

**Eligibility:** Adults with learning disabilities ~ parents of children with learning disabilities

**Services:** Individual support ~ public education ~ workshops ~ speakers available ~ resource library

**Serves:** Waterloo Region

**Hours:** Mon-Thu 8am-3pm (Sept-June)

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**Legal Aid Ontario** **44**

**Address:** 50 Queen St N, Ste 830, Kitchener N2H 6P4

**Phone:** 519-743-4306 **Fax:** 519-743-0881

**Contact:** Deborah Kapshey, Office Administrator

**Services:** Issues legal aid certificates to people who qualify under provisions of Legal Services Act so they may engage lawyer paid by Legal Aid; not all legal services covered ~ provide duty counsel services for people who arrive in criminal, family or youth courts without lawyer ~ sponsors outreach programs ~ offers Family Law advice to clients by appointment

**Serves:** Waterloo Region

**To Apply:** Call for application hours ~ needs test required ~ financial assessment required

**Hours:** Mon-Fri 8:30am-4pm

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**Mood Disorder Parent Support Group of Waterloo Region** **45**

**Address:** c/o Laura Coughlin, 66 Coach Hill Dr, Kitchener N2E 1P4

**Location:** 205-1120 Victoria St N, Kitchener

**Email:** kidmood@rogers.com

**Eligibility:** Families of children with mood disorders ~ their caregivers

**Services:** Support group

**Hours:** Meets 3rd Mon of month 7-9pm (Sep-Jun)

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**Mood Disorders Association of Waterloo Region** **46**

**Address:** 67 King St E, 2nd Flr, Kitchener N2G 2K4

**Phone:** 519-884-5455 **Fax:** 519-570-2801

**Email:** general@mdawr.ca

**Contact:** Lindsay Moore, Facilitator ~ moorel@self-help.ca

**Eligibility:** Individuals with depression/anxiety or bi-polar disorder ~ their families and friends

**Services:** Support groups ~ public education

**Serves:** Waterloo Region

**Hours:** Mon-Thu 10am-3pm

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- Multiple Sclerosis Society of Canada, Cambridge Unit** **47**  
**Address:** 32 Stephen St, Cambridge N1S 3R8  
**Location:** Lions Hall, 50 Ainslie St N, Cambridge  
**Phone:** 519-621-8085  
**Eligibility:** Individuals with multiple sclerosis ~ their families  
**Services:** Individual support ~ self help group ~ public education  
**Hours:** Meets 4th Thu of month 7-9pm
- Multiple Sclerosis Society of Canada, Waterloo District Chapter** **48**  
**Address:** 35 Belmont Ave W, Kitchener N2M 1L2  
**Phone:** 519-569-8789 **Fax:** 519-569-8475  
**Email:** info.waterloo@mssociety.ca  
**Contact:** Madeline Mills, Client Services Coordinator  
**Eligibility:** Individuals with multiple sclerosis ~ their families  
**Services:** Financial assistance for equipment prescribed by physicians ~ information and referral ~ supportive counselling ~ self help groups ~ recreation, education and social programs  
**Serves:** City of Kitchener ~ City of Waterloo ~ Township of Wellesley ~ Township of Wilmot ~ Township of Woolwich  
**Hours:** Mon-Fri 9am-5pm ~ after hours by appointment
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- Muscular Dystrophy Canada, Waterloo Chapter** **49**  
**Phone:** 1-866-687-2538 ext 186  
**Contact:** Regan Bourque ~ madmb@sympatico.ca  
**Eligibility:** Individuals and families affected by Muscular Dystrophy  
**Services:** Support group ~ information and referral ~ advocacy  
**Serves:** Waterloo Region
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- Notre Dame of St Agatha, Inc, kidsLINK** **50**  
**Address:** Box 190, St Agatha N0B 2L0  
**Location:** 1855 Notre Dame Dr N, St Agatha  
**Phone:** 519-746-5437 **Fax:** 519-746-3055  
**Email:** kidslink@ndsa.on.ca  
**Contact:** Sonia Pouyat, Chief Executive Officer  
**Eligibility:** Children up to 12 years ~ their families  
**Services:** Mental health services  
**Serves:** Waterloo Region ~ Wellington County  
**To Apply:** By referral from Children's Mental Health Centre 519-749-2932  
**Hours:** Mon-Fri 8:30am-4:30pm
- Notre Dame of St Agatha, Inc, kidsLINK, Early Intervention Services, Preschool Support Services** **51**  
**Address:** 1770 King St E, Ste 5, Kitchener N2G 2P1  
**Phone:** 519-741-1122 **Fax:** 519-741-1123  
**Email:** eiservices@ndsa.on.ca  
**Contact:** Laurie Robinson, Director of Children's Mental Health Services  
**Eligibility:** Children 2-6 years with mental health concerns ~ their parents ~ professionals in related fields  
**Services:** Support and consultation to preschool staff and families on child or program related issues ~ workshops ~ social skills groups for children ~ parent groups ~ community education ~ resource library, information on preschool issues ~ volunteer support to individual children in preschool program  
**Serves:** Waterloo Region  
**To Apply:** By referral from preschool staff, parents, medical professionals, community services, or Child Care Special Needs Access Point (SNAP) 519-741-0076  
**Hours:** Mon-Fri 8:30am-4:30pm
- Notre Dame of St Agatha, Inc, kidsLINK, Parents for Children's Mental Health** **52**  
**Address:** 1855 Notre Dame Dr, St Agatha N0B 2L0  
**Email:** parent.advocacy@hotmail.com  
**Eligibility:** Parents and caregivers of children with mental health concerns  
**Services:** Support group ~ advocacy ~ works toward improving mental health services ~ resource guide  
**Serves:** Waterloo Region  
**Hours:** Meets monthly

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**Ontario Association For Families of Children with Communication Disorders** **53**

**Address:** Box 63, Tillsonburg N4G 4H4

**Phone:** (519) 842-9506 **Fax:** (519) 688-4889

**Email:** info@oafccd.com

**Contact:** Andrea Roberts, Kitchener-Waterloo Chapter Leader

**Eligibility:** Families of children with communication disorders

**Services:** Support group ~ information and referral ~ public education, workshops and advocacy

**Serves:** Ontario

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**Ontario. Ministry of Children and Youth Services** **54**

**Address:** 6733 Mississauga Rd, Ste 200, Mississauga L5N 6J5

**Phone:** (905) 567-7177, 1-877-832-2818 **Fax:** (905) 567-3215

**Services:** Supervises and provides funding to community agencies which provide services under Child and Family Services Act (Child Welfare, Child Treatment, Child and Family Intervention, Community Support, Young Offenders) ~ Area Licensing Specialist issues licences to all profit and nonprofit children's residential programs

**Serves:** Waterloo Region ~ Wellington County ~ Dufferin County ~ Peel County ~ Halton Region

**Hours:** Mon-Fri 8:30am-5pm

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**Opening New Doors in the Waterloo Region** **55**

**Address:** c/o Waterloo Region Self-Help, 67 King St E, 2nd Flr, Kitchener N2G 2K4

**Phone:** 519-570-4595 **Fax:** 519-570-2801

**Contact:** Lindsay Moore, Coordinator ~ moorel@self-help.ca

**Eligibility:** Geared to individuals with developmental disabilities or experiencing mental health issues

**Services:** Promotes inclusive communities through support and learning opportunities for self-advocacy, leadership development, person-centred planning, and community development and education initiatives ~ self help group: meets 1st Thu of month 6:30pm at St Andrews Presbyterian Church, Kitchener (Sept-June)

**Serves:** Waterloo Region ~ Dufferin County ~ Wellington County

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**Our Place, Family Resource and Early Years Centre** **56**

**Address:** St Francis School, 154 Gatewood Rd, Kitchener N2M 4E4

**Phone:** 519-571-1626 **Fax:** 519-571-0621

**Email:** ourplace@ourplacekw.ca

**Contact:** Dorothy Snyder, Manager ~ dsnyder@ourplacekw.ca

**Eligibility:** Parents and caregivers ~ their children birth-6 years

**Services:** Family resource centre ~ parent and child programs ~ drop in programs ~ parenting support and education; support groups ~ free computer and Internet access ~ resource and toy library

**Hours:** Mon-Thurs 9am-4pm; Fri 9am-3pm; Mon, Wed 6:30-8pm; Sat 9:30am-12pm

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**Parents of the Deaf and Hard of Hearing Association, KW and District** **57**

**Address:** c/o Beth Ann de Sousa, 40 Fullerton St, Waterloo N2L 6L4

**Contact:** Beth Ann de Sousa, Secretary ~ (H) 519-743-1946

**Eligibility:** Children with hearing loss ~ their families

**Services:** Self help group ~ public education, speakers available ~ advocacy

**Serves:** Waterloo Region ~ Wellington County

**Hours:** Irregular meetings; call for time and place

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**Parkinson Society Canada, K-W Parkinson's Self Help Group** **58**

**Address:** c/o Norma Sapsworth, 1380 Doon Villiage Rd, Kitchener N2P 1A5

**Location:** Forest Heights Long Term Care Centre, 60 Westheights Dr, Kitchener

**Contact:** Norma Sapsworth, Treasurer ~ (H) 519-748-1380

**Eligibility:** Individuals with Parkinsons Disease ~ their caregivers

**Services:** Self help group

**Serves:** City of Kitchener ~ City of Waterloo

**Hours:** Meets 4th Wed of month 11am-1pm (Sept-June)

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**Participation House - Waterloo-Wellington, ABI Outreach Program** **59**

**Address:** 617 King St W, Ste C, Kitchener N2G 1C7

**Phone:** 519-742-9424 **Fax:** 519-742-6213

**Contact:** Else Torre, Service Facilitator ~ 519-742-9424 ext 204 ~ elsa@phwaterloo.org

**Eligibility:** Individuals 16 years and over with acquired brain injury

**Services:** Provides assistance to develop, improve and maintain independent living skills ~ home and community settings

**Serves:** Waterloo Region ~ Wellington County

**To Apply:** Contact Service Facilitator

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**Participation House - Waterloo-Wellington, The Opportunity Centre** **60**

**Address:** 607 King St W, Ste 5A, Kitchener N2G 1C7

**Phone:** 519-576-1134 **Fax:** 519-576-0384

**Contact:** Kathy Daley, Opportunity Centre Service Coordinator ~ 519-742-9424 ext 302 ~ kathy@phwaterloo.org

**Eligibility:** Adults 18 years and over with acquired brain injury

**Services:** Drop-in program: social, educational and recreational activities ~ glass fusing, pottery, music, aerobics, movies, gardening, community outings, workshops ~ daily lunch provided ~ day program for older adults with acquired brain injury who require attendant services

**Serves:** Waterloo Region ~ Wellington County

**To Apply:** Contact Service Coordinator

**Hours:** Mon-Fri 8am-3:30pm

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**Pet Helpers of Ontario** **61**

**Address:** 1110-545 Belmont Ave W, Kitchener N2M 5G7

**Phone:** 519-749-9325

**Contact:** John Dunbar, President

**Eligibility:** Seniors ~ individuals with physical disabilities

**Services:** Provides assistance with pet care

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**Planned Lifetime Networks, Waterloo-Wellington-Oxford** **62**

**Address:** 5-420 Erb St W, Box 306, Waterloo N2L 6K6

**Phone:** 519-746-1188

**Email:** plninfo@plannedlifetimenetworks.ca

**Services:** Helps establish support networks for individuals who are socially isolated due to disability ~ parent education and support

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**Pro Bono Law Ontario** **63**

**Address:** 130 Queen St W, Toronto M5H 2N6

**Phone:** (416) 977-4448 ext 226 (Child Advocacy), 1-866-466-7256, (416) 977-4448 **Fax:** (416) 977-6668

**Contact:** Nicole Kellow, Pro Bono Coordinator

**Services:** Legal services ~ Child Advocacy Project: provides free legal service to students involved in Special Education process, or who are at risk of being suspended or expelled, or who are being denied right to enrol in school, or who feel unsafe at school

**Serves:** Ontario

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**Social Planning Council of Kitchener-Waterloo, Community Information Centre of Waterloo Region** **64**

**Address:** 151 Frederick St, Ste 300, Kitchener N2H 2M2

**Phone:** 519-579-3800 (enquiry), 1-877-579-3859 (enquiry), 519-579-1096 (admin) **Fax:** 519-578-9185

**Email:** info@waterlooregion.org

**Contact:** Margaret MacWhirter, Enquiry Services Coordinator ~ 519-579-1096 ext 3002 ~ enquiry@waterlooregion.org

**Services:** Provides confidential information on and referral to community services ~ maintains database of government and nonprofit agencies providing human services to Waterloo Region, and other community groups ~ publications ~ distributes free publications from other agencies ~ telephone answering service for nonprofit groups ~ free computer and Internet access

**Serves:** Waterloo Region

**Hours:** Mon-Fri 9am-5pm

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**Special Hearts**

**65**

**Address:** 2577 Greenwood Hill Rd, Millbank N0K 1L0

**Contact:** Darlene Long-Thompson, Co Director ~ (H) 519-638-5418 ~ darlong@gmail.com

**Eligibility:** Families of children with severe heart problems

**Services:** Self help group ~ babysitting exchange ~ telephone support ~ resources ~ support to members' children diagnosed as HIV positive through blood transfusions

**Hours:** Meets 2nd Tue of month 7:30pm (Sept-June)

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**Spina Bifida and Hydrocephalus Association of Ontario**

**66**

**Address:** 55 Richmond St W, Ste 1006, Box 103, Toronto M5V 3B1

**Phone:** 1-800-387-1575, 519-571-7217 **Fax:** (416) 214-1446

**Email:** provincial@sbhao.on.ca

**Contact:** Tanya Fortier, Community Contact

**Eligibility:** Individuals with spina bifida or hydrocephalus ~ their families

**Services:** Support programs ~ parent linking program ~ resource and lending library ~ scholarship programs ~ research and public education ~ information and referral ~ online community forum ~ awareness programs

**Serves:** Ontario

**Hours:** Mon-Fri 9am-5pm

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**Sunbeam Residential Development Centre, Developmental Services Access Centre - Waterloo Region**

**67**

**Address:** 205-1120 Victoria St N, Kitchener N2B 3T2

**Phone:** 519-741-1121 **Fax:** 519-743-4730

**Email:** dsac1@on.aibn.com

**Contact:** Gary Whetung, Director

**Eligibility:** Individuals with developmental disabilities ~ agencies serving those with disabilities

**Services:** Provides access to developmental services, including day and vocational programs, residential programs, and respite support ~ Clinical Team provides assessment, short term treatment, consultation and training (psychological, behavioural, speech/language, health care and social work) ~ speech-language pathology clinics ~ service coordination: individual support and advocacy ~ education and training

**Serves:** Waterloo Region

**Hours:** Mon-Fri, 9am-4:30pm

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**Sunbeam Residential Development Centre, Developmental Services Access Centre - Waterloo Region, Cambridge Satellite Office**

**68**

**Location:** 17 Cambridge St, Cambridge

**Phone:** 519-622-3699

**Email:** dsac1@on.aibn.com

**Eligibility:** Individuals with developmental disabilities ~ agencies serving those with disabilities

**Services:** Provides access to developmental services, including day and vocational programs, residential programs, and respite support ~ Clinical Team provides assessment, short term treatment, consultation and training (psychological, behavioural, speech/language, health care and social work) ~ speech-language pathology clinics ~ service coordination: individual support and advocacy ~ education and training

**Serves:** Waterloo Region

**To Apply:** By appointment

**Hours:** Mon-Fri 9am-4:30pm

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**Sunbeam Residential Development Centre, Developmental Services Access Centre - Waterloo Region, Elmira Satellite Office**

**69**

**Address:** 205-1120 Victoria St N, Kitchener N2B 3T2

**Location:** 118 Barnswallow Dr, Elmira

**Phone:** 519-669-3205

**Email:** dsac1@on.aibn.com

**Eligibility:** Individuals with developmental disabilities ~ agencies serving those with disabilities

**Services:** Provides access to developmental services, including day and vocational programs, residential programs, and respite support ~ Clinical Team provides assessment, short term treatment, consultation and training (psychological, behavioural, speech/language, health care and social work) ~ speech-language pathology clinics ~ service coordination: individual support and advocacy ~ education and training

**Serves:** Waterloo Region

**To Apply:** By appointment

**Hours:** Mon-Thu 8:30am-4:30pm

<p><b>Telecare Cambridge</b>  <b>Address:</b> Box 32074 Preston Centre PO, Cambridge N3H 5C6  <b>Phone:</b> 519-658-6805 <b>Crisis:</b> 519-658-6805  <b>Email:</b> telecarecamb@golden.net  <b>Contact:</b> Elizabeth Pease, Executive Director ~ (C) 519-803-0410 ~ epease@telecarecambridge.com  <b>Services:</b> Telephone listening service ~ confidential counselling, guidance, crisis intervention, referral to community services  <b>Serves:</b> Waterloo Region ~ Wellington County  <b>Hours:</b> Service available Mon-Sun 11am-11pm</p>	<b>70</b>
<p><b>Thyroid Foundation of Canada, K-W Area Chapter</b>  <b>Address:</b> c/o Margaret Evans, Luther Village, 139 Father David Bauer Dr, Unit 2, Waterloo N2L 6L1  <b>Location:</b> Kitchener Public Library, 85 Queen St N, Kitchener  <b>Phone:</b> 519-884-6423 (help line)  <b>Contact:</b> Cassandra Howarth, President ~ (H) 519-745-7360  <b>Services:</b> Public education ~ supports research ~ three public, educational meetings each year; speakers, mutual support  <b>Serves:</b> Waterloo Region ~ Wellington County ~ surrounding area</p>	<b>71</b>
<p><b>Tourette Syndrome Foundation of Canada, Waterloo Wellington Chapter</b>  <b>Address:</b> Box 2404 RPO Highland West, Kitchener N2M 5P1  <b>Email:</b> wwtics@hotmail.com  <b>Contact:</b> Gord Brown, President ~ (H) 519-576-7957  <b>Eligibility:</b> Individuals with Tourette syndrome ~ their families  <b>Services:</b> Self help group ~ public education ~ supports research  <b>Serves:</b> Waterloo Region ~ Wellington County ~ surrounding area  <b>Hours:</b> Meets 3rd Thu of month 7-9pm (Sept-June)</p>	<b>72</b>
<p><b>Vasculitis Foundation Canada</b>  <b>Address:</b> 446-425 Hespeler Rd, Cambridge N1R 8J6  <b>Phone:</b> 1-877-572-9474  <b>Contact:</b> Donna Wall, Director ~ (H) 519-650-2221 ~ dllwall@rogers.com  <b>Eligibility:</b> Individuals with vasculitis and their families or caregivers  <b>Services:</b> Support group ~ information exchange ~ advocacy ~ public education</p>	<b>73</b>
<p><b>Views for the Visually Impaired, Kitchener-Waterloo Chapter</b>  <b>Address:</b> c/o Dawn Clelland, 58 Fairview Ave, Kitchener N2H 3E8  <b>Contact:</b> Dawn Clelland ~ (W) 519-578-5389  <b>Eligibility:</b> Families and friends of children with visual impairments  <b>Services:</b> Support group ~ public education and advocacy ~ information and referral  <b>Hours:</b> Meets 3rd Wed of month</p>	<b>74</b>
<p><b>Waterloo Fetal Alcohol Syndrome Support Group</b>  <b>Address:</b> c/o Bonnie May, Box 1612, Waterloo N2J 4G6  <b>Location:</b> 99 Regina St S, Waterloo  <b>Contact:</b> Bonnie May ~ 519-883-2223 ~ mbonnie@region.waterloo.on.ca  <b>Eligibility:</b> Parents of children who may be affected by Fetal Alcohol Spectrum Disorder; diagnosis not required ~ professionals or other interested persons  <b>Services:</b> Self help group  <b>Hours:</b> Meets last Tue evening of month (Feb-Jun, Sept-Nov)</p>	<b>75</b>
<p><b>Waterloo Region Anaphylaxis Support and Education</b>  <b>Address:</b> c/o Sue Karai, 462 Belgreen Way, Waterloo N2L 5X5  <b>Contact:</b> Sue Karai ~ (H) 519-741-8507  <b>Eligibility:</b> Individuals with anaphylaxis ~ their families  <b>Services:</b> Self help group ~ public education: resources, speakers available  <b>Serves:</b> Waterloo Region ~ Wellington County  <b>Hours:</b> Regular meetings (Sept-June)</p>	<b>76</b>

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**Waterloo Region Community Legal Services**

**77**

**Address:** 170 Victoria St S, Kitchener N2G 2B9

**Phone:** 519-743-0254 **Fax:** 519-743-1588

**Contact:** Sharon Twilley, Executive Director ~ twilleys@lao.on.ca

**Eligibility:** Individuals or groups with limited income and assets whose legal problem is not covered by Legal Aid certificates

**Services:** Community based legal clinic operated in accordance with Legal Aid Services Act ~ assistance, advice, negotiation, and representation in areas of landlord/tenant, social assistance including Ontario Works, Ontario Disability Support Program, Canada Pension and Old Age Security, workers' compensation, employment insurance, consumer and debtor/creditor disputes ~ notarization of documents in some cases ~ public legal information ~ speakers available ~ services available at various locations in Cambridge: call for information

**Serves:** Waterloo Region

**To Apply:** Appointments needed ~ information about income and assets required ~ payment: cash, cheque

**Hours:** Mon-Fri 9am-5pm

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**Waterloo Region Self Help**

**78**

**Address:** 67 King St E, Kitchener N2G 2K4

**Phone:** 519-570-4595 **Fax:** 519-570-2801

**Email:** general@wrsh.ca

**Contact:** Kathy Briggs, Executive Director

**Eligibility:** Individuals 16 years and over with mental health concerns

**Services:** Develops self help groups ~ peer support ~ community economic development and community development projects ~ resource centre

**Serves:** Waterloo Region

**Hours:** Mon-Fri 9am-5pm

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**The Waterloo Regional Down Syndrome Society**

**79**

**Address:** 4A-385 Fairway Rd S, Box 206, Kitchener N2C 2N9

**Location:** 485 Charles St E, Kitchener

**Phone:** 519-896-4488 (answering machine)

**Email:** info@wrds.ca

**Contact:** Bern Bombardier, President

**Eligibility:** Individuals with Down Syndrome ~ their friends and families

**Services:** Self help group ~ public education ~ speech therapy bursaries available for eligible children ~ lending library ~ advocacy

**Serves:** Waterloo Region ~ surrounding area

**Hours:** Meets 4th Wed of month 7:30pm (Sept-May except Dec)

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**Waterloo Wellington Myalgic Encephalomyelitis Association**

**80**

**Address:** Box 20075 Pioneer Park PO, Kitchener N2P 2B4

**Location:** Waterloo Adult Recreation Centre, 185 King St S, Rm 2, Waterloo

**Email:** wwmea3@yahoo.ca

**Services:** Self help group ~ telephone support network available to members ~ public education ~ lending library for members

**Serves:** Waterloo Region ~ Wellington County

**Hours:** Meets last Tue of month 7-9pm (Sept-Jun)

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**Waterloo-Wellington Voice for Hearing Impaired Children**

**81**

**Address:** Box 25029 Hiway Market PO, Kitchener N2A 4A5

**Location:** Carmel New Church, 40 Chapel Hill Cres, Kitchener

**Contact:** Brad Heinrichs, Chair ~ (H) 519-893-0181 ~ pastor@carmelnewchurch.org

**Eligibility:** Children with hearing loss ~ their families

**Services:** Parent support group ~ provides Auditory-Verbal therapist during school year ~ public education, speakers available

**Serves:** Waterloo Region ~ Wellington County

**Hours:** Meets 2nd Thurs of month (Sept-Jun)

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**Wilmot Family Resource Centre Inc**

**82**

**Address:** 175 Waterloo St, Unit 1, New Hamburg N3A 1S3

**Phone:** 519-662-2731 **Fax:** 519-662-2158

**Email:** wfrc@bellnet.ca

**Contact:** Trisha Robinson, Executive Director

**Services:** Social, recreational, support programs ~ information and referral ~ summer day programs, March Break programs ~ Ontario Early Years satellite office

**Serves:** Township of Wilmot ~ Township of Wellesley

**Hours:** Mon-Thu 9am-4:30pm, Fri 9am-12pm

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**Workshop Solutions**

**83**

**Address:** c/o Tom Jeary, 135 Keats Way Pl, Waterloo N2L 5H4

**Contact:** Tom Jeary ~ (H) 519-884-5540 ~ tlj@golden.net

**Services:** Provides information on creating assistive devices ~ referral to assistive device makers