

# *Section 7*

## *Respite and Residential Programs*

## **A Note About Respite and Residential Programs**

Readers should also look at the services, programs and groups listed in *Section 5 - Personal Care and In-Home Supports*. These may be relevant for those with respite and/or residential support needs.

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**Community Living Cambridge** **256**

**Address:** 160 Hespeler Rd, Cambridge N1R 6V7  
**Phone:** 519-623-7490 **Fax:** 519-740-8073  
**Email:** info@communitylivingcambridge.ca  
**Services:** Provides services and supports to individuals with developmental disabilities and their families  
**Serves:** City of Cambridge ~ surrounding area  
**Hours:** Office Mon-Fri 8:30am-4:30pm

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**Elmira and District Association for Community Living, Respite Services** **257**

**Address:** 118 Barnswallow Dr, Elmira N3B 2Y9  
**Phone:** 519-669-1567 **Fax:** 519-669-3444  
**Contact:** Brian Delahey, Manager of Respite Services  
**Eligibility:** Adults 18 years and over with developmental disabilities  
**Services:** Caregiver relief; 24 hour support in 2 bedroom apartment ~ facilitates transition from family home to independent living  
**Serves:** Township of Wellesley ~ Township of Woolwich  
**Hours:** Office Mon-Fri 8:30am-4:30pm ~ program Fri-Sun; summer hours Mon-Sun (Summer hours Jul-Aug)

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**Independent Living Centre of Waterloo Region, In-Home Respite** **258**

**Address:** 127 Victoria St S, Ste 201, Kitchener N2G 2B4  
**Phone:** 519-571-6788 **Fax:** 519-571-6388  
**Contact:** Cindy Guy, Supervisor ~ cindy@ilcwr.org  
**Eligibility:** Individuals 16 years and over with physical disabilities ~ must have Ontario health card  
**Services:** Attendants provide temporary relief for primary caregivers ~ personal care, meal preparation, light housekeeping  
**Serves:** Waterloo Region  
**To Apply:** Application and assessment required  
**Hours:** Office Mon-Fri 9am-4:30pm

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**Kitchener-Waterloo Extend-A-Family Association, Respite Program** **259**

**Address:** 91 Moore Ave, Kitchener N2H 3S4  
**Phone:** 519-741-0190 **Fax:** 519-741-0392  
**Contact:** Cathy Meyer, Manager ~ 519-741-0190 ext 225 ~ cmeyer@eafwr.on.ca  
**Eligibility:** Individuals with developmental disabilities; must be living at home with family  
**Services:** Caregiver relief in child's or provider's home  
**Serves:** Waterloo Region  
**To Apply:** Contact Developmental Services Access Centre 519-741-1121  
**Hours:** Mon-Fri 9am-4:30pm

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**K-W Habilitation Services, Residential Services, Weekend Parent Relief** **260**

**Address:** 115 University Ave E, Waterloo N2J 2W1  
**Phone:** 519-884-8080 **Fax:** 519-884-8609  
**Contact:** Amber Huffman, Supervisor ~ 519-884-8080 ext 229 ~ ahuffman@kwhab.ca  
**Eligibility:** Children and youth up to 18 years with developmental disabilities  
**Services:** Respite care  
**Serves:** Waterloo Region  
**To Apply:** Contact Developmental Services Access Centre 519-741-1121  
**Hours:** Office Mon-Fri 8am-4pm

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**Notre Dame of St Agatha, Inc, kidsLINK, Respite Services** **261**

**Address:** Box 190, St Agatha N0B 2L0  
**Location:** Caroline Respite Centre, 1855 Notre Dame Dr N, St Agatha  
**Phone:** 519-746-5437 ext 136 **Fax:** 519-746-3055  
**Email:** respite@ndsa.on.ca  
**Contact:** Todd Nutbrown, Supervisor, Respite Services ~ tnutbrown@ndsa.on.ca  
**Eligibility:** Children 5-12 years experiencing mental health concerns ~ children up to 14 years experiencing borderline or moderate developmental disabilities  
**Services:** Individualized programming: life skills training, therapeutic recreation  
**Serves:** Waterloo Region ~ surrounding area  
**Hours:** Sat 9am-7pm ~ extended hours during summer, Christmas and March Break

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**Parents for Community Living Kitchener-Waterloo Inc**

**262**

**Address:** 133 Frederick St, Kitchener N2H 2M1

**Phone:** 519-742-5849 **Fax:** 519-742-1060

**Eligibility:** Children and adults with developmental disabilities

**Services:** Community housing with support; screened and matched for suitability with residents ~ supported independent living ~ respite services

**Serves:** City of Kitchener ~ City of Waterloo ~ City of Cambridge

**To Apply:** Waiting list: respite services 1-2 months; residential 2-3 years

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**Parents of Technologically Dependent Children of Ontario, Respite Care Program, Kids Country Club, Cambridge**

**263**

**Address:** 335 Guelph Ave, Cambridge N3C 2V3

**Phone:** 519-651-2875, 1-866-233-6966 **Fax:** 519-651-0217

**Contact:** Alison Mcaulay, Clinical Manager

**Eligibility:** Children and youth up to 18 years who are medically fragile or technologically dependent

**Services:** Provides respite care ~ registered nursing staff

**Serves:** Waterloo Region ~ Dufferin County ~ Wellington County ~ Halton Region ~ Peel Region

**Hours:** Office Mon-Fri 9am-4pm

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**Tri-County Mennonite Homes, Aldaview Services**

**264**

**Address:** 205 Peel St, New Hamburg N3A 1E7

**Phone:** 519-662-3297 **Fax:** 519-662-3666

**Contact:** Elizabeth Klassen, Executive Director ~ eklassen@aldaview.com

**Eligibility:** Adults with developmental disabilities

**Services:** Supportive housing ~ day programming ~ recreation, leisure and vocational support ~ respite services ~ Achieve Program: develops skills needed to participate in work or leisure activities

**Serves:** Waterloo Region ~ Oxford County ~ Perth County

**To Apply:** Contact Developmental Services Access Centre 519-741-1121

**Hours:** Mon-Fri 8:30am-4:30pm