

March Break Specialty and Leadership Courses

AQUA SQUIRTS & CRAFTS PROGRAM

7-11 yrs enjoy 1.5 hours of our Aqua Squirts Program followed by a summer fun craft and games time. Aqua Squirts is a play-based, water orientation program to help develop swimming skills in a creative and imaginative atmosphere.

Fee: Resident \$ 145.61/Non-resident \$ 182.02

LYLE HALLMAN POOL

Monday - Friday March 15 - March 19 9:00am – 12:00pm

Barcode **88501**

RED CROSS BABYSITTING COURSE

Recommended minimum age 11

A Red Cross Certificate program which teaches first aid skills, rights and responsibilities of babysitters, child development and activities to entertain children.

Fee: \$51.80

LYLE HALLMAN POOL

Thursday and Friday March 18 and 19 9:30am – 2:00pm

Barcode **89841**

JUNIOR LIFEGUARD CLUB

For ages 8 -13 years. Program activities include outdoor fitness, games and fun in the water. Children should have the ability to swim 25 metres and tread water for 2 minutes. Lifesaving, fitness, leadership and serious fun. Rookie, Ranger and Star Patrol levels are incorporated into the class.

LYLE HALLMAN POOL

Monday - Friday March 15 - March 19 9:00am – 4:00pm \$150.15 Resident \$ 187.70 Non-Resident Barcode **88499**

BREITHAUPT

Monday - Friday March 15 - March 19 9:00am-12:00pm \$99.00 Bar Code **85339**

BREITHAUPT CENTRE MARCH BREAK CAMP

Monday - Friday March 15 - 19 \$110.00 Bar Code **85296**

Supervision from 8:00 am - 5:00 pm. Structured program 9:00 am -4:30 pm.

For children currently in JK-Grade 6

Five days of fun in a safe supervised setting. Daily plans include: active games in gym and outside, swim, crafts, songs and quiet games, Wings of Paradise presentation. For further information contact the Breithaupt Centre at 519-741-2502. Should your child need support at camp contact 519-741-2229.

BRONZE STAR, BASIC FIRST AID & CPR-A

Bronze Star is the pre-Bronze Medallion training standard. Participants develop problem solving and decision-making skills individually and in partners. Participants receive instruction on entries, adult CPR, rescues, fitness and first aid.

15 hour course, Recommended age 12

Fee: Resident \$67.50/Non-Resident \$84.40 + \$10.605 exam fee, Manual extra

LYLE HALLMAN

Monday - Friday March 15 - March 19 9:00am – 12:00pm Barcode **85242**

BRONZE MEDALLION, EMERGENCY FIRST AID & CPR-B

Bronze Medallion teaches an understanding of the lifesaving principles embodied in the four components of water rescue education -- judgment, knowledge, skill and fitness. Rescuers learn tows, carries and release methods in preparation for challenging rescues of increased risk. Lifesavers learn to respond to increasingly complex resuscitation situations and develop stroke efficiency and endurance in a timed swim. Key focuses: stroke proficiency, rescues (including choking rescues), rescue breathing, first aid rescues, 500m swim in 15 min.

28 hour course, Pre-requisite age 13 or Bronze Star.

Fee: Resident \$ 126.00/Non-Resident \$ 157.50 + \$22.70 exam fee, Manual extra

LYLE HALLMAN

Saturday - Wednesday March 13 – March 17 8:30am – 3:00pm Barcode **85294**

BRONZE CROSS & CPR-C

Bronze Cross is designed for lifesavers who want the challenge of more advanced training including an introduction to safe supervision in aquatic facilities. Bronze Cross teaches the difference between lifesaving and lifeguarding, the principles of emergency procedures and teamwork. Lifesavers learn how to rescue a spinal-injured victim and a pulse less victim. Key focuses: spinal rescue, submerged victim, rescue breathing, 600m swim in 18 min.

22 hour course, pre-requisites are Bronze Medallion and Emergency First Aid.

Fee: Resident \$ 99.00/Non-Resident \$ 117.10 + \$18.10 exam fee

LYLE HALLMAN

Wednesday - Sunday March 17 - March 21 9:00am – 3:00pm Bar Code **85308**

