

Children & Adolescent Services

Mental Health Mobile Crisis Child and Youth Team

Waterloo Region

- Access through crisis lines.
- Offers stabilization to children and youth in crisis using a community-based outreach approach.
- Rapid response service which delivers support based on the individual needs of a client.

Wellington County

- 24/7 access through the crisis line.

Dufferin County

- Dufferin Child and Family Services, **519-941-1530**, 7 days a week.

Crisis Services is a coalition of adult, child & adolescent mental health crisis services throughout Waterloo, Wellington and Dufferin.

Partnership consists of:
Self-Help Alliance, hospitals, police services, Community Mental Health Clinic, Canadian Mental Health Association, Community Torchlight/Distress Centre, Waterloo Regional Homes for Mental Health Inc., Homewood Health Centre, Kidslink/Lutherwood, Dufferin Child and Family Services.

Funded by:
Ontario Ministry of Health
and Long-Term Care

Ontario Ministry of
Children & Youth Services



www.crisislinks.ca

**ARE YOU HAVING
TROUBLE COPING?**

**CALL
MENTAL HEALTH
CRISIS SERVICES**

**Wellington-Dufferin:
Toll free 1-877-822-0140**

**Waterloo Region:
Toll free 1-866-366-4566**

Call the Crisis Line

- Trained crisis line staff available 24/7 providing confidential help.
- Streamline access to appropriate mental health services.
- Linkage to mobile crisis response team.
- Crisis and risk assessment.
- Linkages to emergency services.

Wellington-Dufferin:

519-821-0140 or

Toll free 1-877-822-0140

Waterloo Region:

519-744-1813 or

Toll free 1-866-366-4566

Mental Health Mobile Crisis Teams

- 24/7 access through the crisis lines.
- Mobile crisis staff connect with the individual and/or their family, by phone or in person to provide a crisis assessment and explore options.
- Mobile crisis staff can connect with service providers.
- Creation of community-based intervention support plans, including referral and follow-up.
- Mobile crisis staff will provide joint services with police and emergency services as needed.

Crisis Respite Residential Service

- 24/7 access through the crisis lines.
- Available to adults who are experiencing mental health crisis or are in need of a respite service.
- Available for short stay residential support.
- Staff provide individual support including linking to community supports and resources.

Hospital Emergency Rooms

All local hospitals within Waterloo, Wellington, Dufferin are linked to the crisis intervention services and are available 24/7.